

Extra Curricular Activities @NHGS



Activities for Lower School Students

| Name of Activity or Club | Description of activity or club | Staff in charge | Is the activity available to everyone? | Participants | Day | When does the club happen? | Time | Location | How long does the club run? | Any other details |
|--------------------------|---|-----------------|--|------------------------|-----------|----------------------------|---------------|-------------------------|-----------------------------|--|
| 3D Printing Club | Students will learn how to design and make 3D files on software called Fussion 360. They will then have the opportunity to send there files to print on our Ultimaker 3D printer. | C Walker | Open to everyone | Year 7, Year 8, Year 9 | Wednesday | Lunchtime | 12:00 - 13:00 | DT2 - CAD Suite | All Year | There are limited spaces and students should email c.walker@nhgs.co.uk. If full students will go on a waiting list. The club refreshes every term. |
| Careers Club | Exploring possible career options and Labour Market Information with games and trivia. | L Manley | Open to Everyone | Years 7 & 8 | TBC | TBC | TBC | Careers Resource Centre | | |
| Choral Group | Close harmony singing | RAP | Selected groups | All Year Groups | Tuesday | Lunchtime | 12:20 - 12:50 | MR1 | All Year | Suitable for those who have singing lessons or enjoy singing |
| Concert Band | Woodwind and Brass players all welcome | RAP/SB | Selected groups | All Year Groups | Wednesday | Lunchtime | 12:20 - 12:50 | Hall | All Year | Any level or ability welcome |
| Creative Writing- KS3 | Creative Writing club for the younger member of the school. We enter competitions and work on our writing. | SLN | Open to everyone | Year 7, Year 8, Year 9 | Thursday | Lunchtime | 12.25-12.50 | M14 | All Year | None |

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| Dance Club | Moving and grooving, disco and rock and roll style | AK | Selected groups | Year 7, Year 8, Year 9, Year 10, Year 11 | Thursday | Lunchtime | 12:15-12:45PM | Dance studio | All Year | Years 9 and 10 from 12 to 12.30 and 7,8,11 from 12.30 to 12.55pm |
| Debating Club - KS3 | Debating club where we teach the debating skills and you choose the topics. School competition runs from Christmas onwards. All welcome. | PFO | Open to everyone | Year 7, Year 8, Year 9 | Friday | Lunchtime | 12:25-12:50 | M17 | All Year | Come along and try it! |
| First Bow | Year 7 and 8 students being led by Year 12 students to create a 30 minute theatrical production | GWM / RC / CC | Selected groups | Year 7, Year 8, Year 12 | Monday, Tuesday, Wednesday, Thursday | After school | 3 - 4:30 p.m. | School Theatre / Dance Studio / MR1 | Autumn 1, Autumn 2, Spring 1 | Different teams will be rehearsing 2 evenings a week across Monday to Thursday. No students will need to attend all 4 evenings. |
| Flute Ensemble | All flute players welcome | RAP/KA | Selected groups | All year Groups | Thursday | Lunchtime | 12:20 - 12:50 | MR2 | All Year | All abilities welcome |
| Guitar Ensemble | open to all guitarists | RAP/PC | Selected groups | All Year Groups | Thursday | Lunchtime | 12:20 - 12:50 | MR1 | All Year | all abilities welcome |
| History Club | Year 7 and 8 supported by some of our GCSE historians, take part in quizzes, debates, games, creative tasks, plan and take part in whole-school projects to mark important historical anniversaries and more. | MW | Selected groups | Year 7, Year 8 | Thursday | Lunchtime | 12.15-12.50 | E6 | All Year | Restarting October 2021 |

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| Percussion Ensemble | All percussionists welcome | RAP/MH | Selected groups | All Year Groups | Friday | Lunchtime | 12:20 - 12:50 | Hall | All Year | All abilities welcome |
| Rock Choir | Singing pop and musical songs | RAP | Open to everyone | All year Groups | Monday | Lunchtime | 12:20 - 12:50 | Hall | All Year | Come along and enjoy singing |
| Science Club | Science fun and experiments! | MKA | Selected groups | Year 7 | Wednesday | Lunchtime | 30mins 12:20 - 12:50 | SL3 | All Year | Eat lunch first then come down to SL3. |
| Theatre Tech | This is a chance for students to learn how to use the technical equipment in the hall for theatre and music productions. Students are trained in 3 areas- sound, lighting, and stage management. Throughout the year, the students will work as a backstage crew on a number of productions using the skills they have learnt. | R. Cunningham | Open to everyone | All Year Groups | Monday, Wednesday, Friday | Other | All 3 days at lunch 12-1 and Monday/Wednesday after school 3-4 | Hall, MR2 | All Year | This club is for those students that have an interest in theatre and music but may not want to be on stage. They have to be technically and creatively minded. They will learn good people management skills as well as how to light a stage and how to make a performance sound great. |
| Woodwind Group | Ensemble for woodwind players from beginner upwards | RAP/KA | Selected groups | All Year Groups | Friday | Lunchtime | 12:20 - 12:50 | MR1 | All Year | All abilities welcome |
| Workshop Club | Students will have access to the new facilities in the refurbished workshop on the D&T corridor. Students will work on a mixture of small and larger making projects where they will learn a variety of skills in working with common | C Walker | Open to everyone | Year 7, Year 8, Year 9 | Wednesday | After school | 15:00 - 16:00 | DT8 Workshop | All Year | There are limited spaces and students should email c.walker@nhgs.co.uk . If full students will go on a waiting list. The club refreshes every term. |

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| | <p>materials such as woods, metals and plastics on the many machines and equipment we have. They will have the chance to design and make, similar to some of the many processes from industry.</p> | | | | | | | | | |
| Y 8, 9 + 10 Hockey | Hockey practice on the MUGA. Change in old changing rooms. | LEB | Open to everyone | Year 8, Year 9, Year 10 | Tuesday | Lunchtime | 12.10 - 12.45 | MUGA | Autumn 1, Autumn 2, Spring 1, Spring 2 | N/A |
| Y7 + 8 Girls Football | Girls football on the MUGA, use old changing rooms. | LEB | Selected groups | Year 7, Year 8 | Wednesday | Lunchtime | 12.10 - 12.45 | MUGA | Autumn 1, Autumn 2, Spring 1, Spring 2 | N/A |
| Y7 Hockey | Hockey on the MUGA, use old changing rooms | CT | Open to everyone | Year 7 | Thursday | Lunchtime | 12.10 - 12.45 | MUGA | Autumn 1, Autumn 2, Spring 1, Spring 2 | N/A |
| Y7 Hockey Club | Beginners hockey club for boys and girls in Y7 | CT | Open to everyone | Year 7 | Thursday | Lunchtime | 12.15-12.45pm | MUGA, change in old gym changing rooms | Autumn 1, Autumn 2, Spring 1, Spring 2 | Please wear shin pads and gum shield is recommended. Order a lunch or bring a packed lunch - eat in changing rooms before and after practice |

Activities for Upper School Students

| Name of Activity or Club | Description of activity or club | Staff in charge | Is the activity available to everyone? | Participants | Day | When does the club happen? | Time | Location | How long does the club run? | Any other details |
|--------------------------|---|-----------------|--|--|-----------|----------------------------|---------------|-----------------|-----------------------------|--|
| 3D Printing Club | Students will learn how to design and make 3D files on software called Fussion 360. They will then have the opportunity to send there files to print on our Ultimaker 3D printer. | C Walker | Open to everyone | Year 7, Year 8, Year 9 | Wednesday | Lunchtime | 12:00 - 13:00 | DT2 - CAD Suite | All Year | There are limited spaces and students should email c.walker@nhgs.co.uk. If full students will go on a waiting list. The club refreshes every term. |
| Choral Group | Close harmony singing | RAP | Selected groups | Year 8, Year 9, Year 10, Year 11, Year 12, Year 13 | Tuesday | Lunchtime | 12:20 - 12:50 | MR1 | All Year | Suitable for those who have singing lessons or enjoy singing |
| Concert Band | Woodwind and Brass players all welcome | RAP/SB | Selected groups | All Year Groups | Wednesday | Lunchtime | 12:20 - 12:50 | Hall | All Year | Any level or ability welcome |
| Creative Writing | Creative Writing - a range of activities and styles explored. | MIH/LAG | Open to everyone | Year 10, Year 11, Year 12, Year 13 | Thursday | Lunchtime | 12:20- 12:50 | M13 | All Year | |
| Creative Writing | Creative writing club - a range of styles and activities to inspire you | SLN | Open to everyone | Year 7, Year 8, Year 9 | Thursday | Lunchtime | 12:25- 12:50 | M14 | All Year | |
| Creative Writing- KS3 | Creative Writing club for the younger member ms if the school. We enter competitions and work on our writing. | SLN | Open to everyone | Year 7, Year 8, Year 9 | Thursday | Lunchtime | 12.25- 12.50 | M14 | All Year | None |

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|------------------------------------|--|---------------|------------------|---|--------------------------------------|--------------|------------------|-------------------------------------|--|---|
| Dance Club | Moving and grooving, disco and rock and roll style | AK | Selected groups | Year 7, Year 8, Year 9, Year 10, Year 11 | Thursday | Lunchtime | 12-1PM | Dance studio | All Year | Years 9 and 10 from 12 to 12.30 and 7,8,11 from 12.30 to 12.55pm |
| Debating | Debating club where we teach the debating skills and you choose the topics. School competition runs from Christmas onwards. All welcome. | ALK | Open to everyone | Year 10, Year 11, Year 12, Year 13 | Friday | Lunchtime | 12:15 - 12:50 | SF4 | All Year | Come along and join the debate! |
| Debating Club - KS3 | Debating club where we teach the debating skills and you choose the topics. School competition runs from Christmas onwards. All welcome. | PFO | Open to everyone | Year 7, Year 8, Year 9 | Friday | Lunchtime | 12:25-12:50 | M17 | All Year | Come along and try it! |
| First Bow | Year 7 and 8 students being led by Year 12 students to create a 30 minute theatrical production | GWM / RC / CC | Selected groups | Year 7, Year 8, Year 12 | Monday, Tuesday, Wednesday, Thursday | After school | 3 - 4:30 p.m. | School Theatre / Dance Studio / MR1 | Autumn 1, Autumn 2, Spring 1 | Different teams will be rehearsing 2 evenings a week across Monday to Thursday. No students will need to attend all 4 evenings. |
| Fitness Room | individual training | NIH | Selected groups | Year 10, Year 11, Year 12, Year 13 | Tuesday | Lunchtime | 12.05-12-45 | Fitness suite | All Year | Start getting that summer body beach ready, as early as you can |
| Flute Ensemble | All flute players welcome | RAP/KA | Selected groups | All Year Groups | Thursday | Lunchtime | 12:20 - 12:50 | MR2 | All Year | All abilities welcome |
| GCSE English Drop In Revision Club | Individual support with all things English | AK | Selected groups | Year 11 | Tuesday, Wednesday | Lunchtime | 12.30 - 12.55P M | E2 | Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1 | For both English language and literature problems. |

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| GCSE RS Booster | Opportunity to review and plug any gaps that may have been left after COVID but also an opportunity for anyone to drop in and brush up on their GCSE RS knowledge and exam skills. | SJC Mrs Chadwick | Selected groups | Year 11 | Friday | After school | 3.10-4.10 | LC3 | Autumn 1, Autumn 2, Spring 1, Spring 2 | Some students are directed to attend after consultation with parents, teachers and student, but this is generally a voluntary 'drop in' session. |
| Guitar Ensemble | open to all guitarists | RAP/PC | Selected groups | All Year Groups | Thursday | Lunchtime | 12:20 - 12:50 | MR1 | All Year | all abilities welcome |
| New Views Theatre | Scriptwriting project with the National Theatre. We work with a playwright to create a script. | ALK / CC | Selected groups | Year 10, Year 11, Year 12, Year 13 | Thursday | Lunchtime | 12-1 | SF4 | Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1 | Scripts can be entered into a national competition and be produced. |
| Percussion Ensemble | All percussionists welcome | RAP/MH | Selected groups | All Year Groups | Friday | Lunchtime | 12:20 - 12:50 | Hall | All Year | All abilities welcome |
| Rock Choir | Singing pop and musical songs | RAP | Open to everyone | All Year Groups | Monday | Lunchtime | 12:20 - 12:50 | Hall | All Year | Come along and enjoy singing |
| Saxophone Ensemble | Open to saxophone players with some experience | RAP | By invitation only | Year 10, Year 11, Year 12, Year 13 | Friday | Lunchtime | 12:20 - 12:50 | PR3 | All Year | Speak to Mrs Pegg if interested |
| Theatre Tech | This is a chance for students to learn how to use the technical equipment in the hall for theatre and music productions. They will be trained in 3 areas- sound, lighting, and stage management. Throughout the year, the students will work as a backstage crew on a number of productions using the skills they have learnt. | R. Cunningham | Open to everyone | All Year Groups | Monday, Wednesday, Friday | Other | All 3 days at lunch 12-1 and Monday/Wednesday after school 3-4 | Hall, MR2 | All Year | This club is for those students that have an interest in theatre and music but may not want to be on stage. They have to be technically and creatively minded. They will learn good people management skills as well as how to light a stage and how to make a performance sound great. |
| Upper School Football (girls) | Football club for girls - drills and game play | CT | Open to everyone | Year 9, Year 10, Year 11 | Monday | Lunchtime | 12.15-12.45p m | Fields, change in old gym changing rooms | Autumn 1, Autumn 2, Spring 1, Spring 2 | Football boots and shin pads required. Order a lunch or bring packed lunch |

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|--------------------------|---|----------|--------------------|-------------------------|-----------|--------------|----------------|--|--|--|
| Woodwind Group | Ensemble for woodwind players from beginner upwards | RAP/KA | Selected groups | All Year Groups | Friday | Lunchtime | 12:20 - 12:50 | MR1 | All Year | All abilities welcome |
| Workshop Club | Students will have access to the new facilities in the refurbished workshop on the D&T corridor. Students will work on a mixture of small and larger making projects where they will learn a variety of skills in working with common materials such as woods, metals and plastics on the many machines and equipment we have. They will have the chance to design and make, similar to some of the many processes from industry. | C Walker | Open to everyone | Year 7, Year 8, Year 9 | Wednesday | After school | 15:00 - 16:00 | DT8 Workshop | All Year | There are limited spaces and students should email c.walker@nhgs.co.uk. If full students will go on a waiting list. The club refreshes every term. |
| Y 8, 9 + 10 Hockey | Hockey practice on the MUGA. Change in old changing rooms. | LEB | Open to everyone | Year 8, Year 9, Year 10 | Tuesday | Lunchtime | 12.10 - 12.45 | MUGA | Autumn 1, Autumn 2, Spring 1, Spring 2 | N/A |
| Y10 GCSE PE Intervention | Intervention as and when required, students would be invited to this. | LEB | By invitation only | Year 10 | Thursday | Lunchtime | 12.10 - 12.45 | SH2 | All Year | N/A |
| Y11 GCSE Badminton Club | Practical preparation for badminton GCSE | CT | By invitation only | Year 11 | Tuesday | Lunchtime | 12.15-12.45p m | Sports Hall - change in sports hall changing rooms | Autumn 1 | Sanitise hands beforehand. Order a lunch or bring a packed lunch |

Activities for Sixth Form Students

| Name of Activity or Club | Description of activity or club | Staff in charge | Is the activity available to everyone? | Participants | Day | When does the club happen? | Time | Location | How long does the club run? | Any other details |
|--------------------------|--|-----------------|--|--|-----------|----------------------------|---------------|--------------|--|--|
| 1st XI Football | Year 12 and 13 football training and fixtures | JD | Selected groups | Year 12, Year 13 | Thursday | Lunchtime | 12:10 - 12:50 | Bottom Field | Autumn 1, Autumn 2, Spring 1, Spring 2 | None |
| Bar Mock Trial | Taking on a role in the legal profession to act out a trial against other schools. | DK | Selected groups | Year 12, Year 13 | Friday | Lunchtime | 12-1 | SL2 | Autumn 1, Autumn 2, Spring 1 | It is fun. |
| Choral Group | Close harmony singing | RAP | Selected groups | Year 8, Year 9, Year 10, Year 11, Year 12, Year 13 | Tuesday | Lunchtime | 12:20 - 12:50 | MR1 | All Year | Suitable for those who have singing lessons or enjoy singing |
| Concert band | Woodwind and Brass players all welcome | RAP/SB | Selected groups | All Year Groups | Wednesday | Lunchtime | 12:20 - 12:50 | Hall | All Year | Any level or ability welcome |
| Creative Writing | Creative Writing - a range of activities and styles explored. | MIH/LAG | Open to everyone | Year 10, Year 11, Year 12, Year 13 | Thursday | Lunchtime | 12:20-12:50 | M13 | All Year | |
| Debating | Debating club where we teach the debating skills and you choose the topics. School competition runs from Christmas onwards. All welcome. | ALK | Open to everyone | Year 10, Year 11, Year 12, Year 13 | Friday | Lunchtime | 12:15 - 12:50 | SF4 | All Year | Come along and join the debate! |

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| First Aid | Courses are held after school, comprised of 4 one and a half hour sessions. Students who complete the course will receive the emergency first aid for the workplace certificate. | RAP/S HR | Selected groups | Year 12, Year 13 | Friday | After school | TBC | TBC | Autumn 2, Spring 1, Spring 2 | Not booked yet, and this is not a weekly club, just something we will run for Year 12/13 as twilight sessions. |
| First Bow | Year 7 and 8 students being led by Year 12 students to create a 30 minute theatrical production | GWM / RC / CC | Selected groups | Year 7, Year 8, Year 12 | Monday, Tuesday, Wednesday, Thursday | After school | 3 - 4:30 p.m. | School Theatre / Dance Studio / MR1 | Autumn 1, Autumn 2, Spring 1 | Different teams will be rehearsing 2 evenings a week across Monday to Thursday. No students will need to attend all 4 evenings. |
| Fitness Room | individual training | NIH | Selected groups | Year 10, Year 11, Year 12, Year 13 | Tuesday | Lunchtime | 12.05- 12-45 | Fitness suite | All Year | Start getting that summer body beach ready, as early as you can |
| Flute Ensemble | All flute players welcome | RAP/KA | Selected groups | All Year Groups | Thursday | Lunchtime | 12:20 - 12:50 | MR2 | All Year | All abilities welcome |
| Guitar Ensemble | open to all guitarists | RAP/P C | Selected groups | All Year Groups | Thursday | Lunchtime | 12:20 - 12:50 | MR1 | All Year | all abilities welcome |
| Medical Assessment - BMAT preparation | Prep for the BMAT Tests | RFH | Selected groups | Year 13 | Monday | Other | Period 3 in PSE | LC7 | Autumn 1 | No |
| Medsoc | Sixth Form club for potential medics, dentists and vets. | NKW | Selected groups | Year 12, Year 13 | Monday | Lunchtime | 12:00 - 1:00 | DT5 | All Year | Anyone considering applying to medicine, dentistry or veterinary science should attend. Essential information is distributed and discussed. |

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| New Views Theatre | Scriptwriting project with the National Theatre. We work with a playwright to create a script. | ALK / CC | Selected groups | Year 10, Year 11, Year 12, Year 13 | Thursday | Lunchtime | 12-1 | SF4 | Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1 | Scripts can be entered into a national competition and be produced. |
| Oxbridge Physics / Engineering prep | Preparation for entrance tests for Science / Engineering at Oxford and Cambridge | RFH | Selected groups | Year 13 | Thursday | After school | 3pm - 4pm | APL | Autumn 1 | No |
| Percussion ensemble | All percussionists welcome | RAP/MH | Selected groups | All Year Groups | Friday | Lunchtime | 12:20 - 12:50 | Hall | All Year | All abilities welcome |
| Reading Ambassadors | Enthuse and support fellow students about reading. | IRP | Selected groups | Year 12, Year 13 | Monday, Tuesday, Wednesday, Thursday, Friday | Other | Variable | Variable | All Year | |
| Rock Choir | Singing pop and musical songs | RAP | Open to everyone | All Year Groups | Monday | Lunchtime | 12:20 - 12:50 | Hall | All Year | Come along and enjoy singing |
| Saxophone Ensemble | Open to saxophone players with some experience | RAP | By invitation only | Year 10, Year 11, Year 12, Year 13 | Friday | Lunchtime | 12:20 - 12:50 | PR3 | All Year | Speak to Mrs Pegg if interested |
| TEFL | Students have the opportunity to gain A TEFL qualification. This will give them the opportunity to work abroad teaching English in schools, universities, business and Non-Governmental Organisations. Benefits to students include an improved UCAS personal statement and overseas job opportunities in the short and long term. | SHR | Selected groups | Year 12, Year 13 | Monday, Tuesday | Other | TBC (Activities week) | TBC (Activities week) | Summer 2 | This is not a weekly club, just something we will run for Year 12 later in the year. |

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| Theatre Tech | This is a chance for students to learn how to use the technical equipment in the hall for theatre and music productions. They will be trained in 3 areas- sound, lighting, and stage management. Throughout the year, the students will work as a backstage crew on a number of productions using the skills they have learnt. | R. Cunningham | Open to everyone | All Year Groups | Monday, Wednesday, Friday | Other | All 3 days at lunch 12-1 and Monday/Wednesday after school 3-4 | Hall, MR2 | All Year | This club is for those students that have an interest in theatre and music but may not want to be on stage. They have to be technically and creatively minded. They will learn good people management skills as well as how to light a stage and how to make a performance sound great. |
| Woodwind Group | Ensemble for woodwind players from beginner upwards | RAP/KA | Selected groups | All Year Groups | Friday | Lunchtime | 12:20 - 12:50 | MR1 | All Year | All abilities welcome |